

SODAMED (Capsule)

Sodium Bicarbonate 500 mg



COMPOSITION AND EXCIPIENTS: Each SODAMED capsule contains: 500 mg Sodium Bicarbonate.

Excipients: Microcrystalline cellulose, Magnesium stearate.

INDICATIONS:

SODAMED capsules are used to treat:

-Indigestion

-Acidosis (a condition where the body fluids and tissues are usually acid).

WARNINGS:

Please talk to your doctor if your symptoms remain the same after taking this medicine.

Keep out of reach of children

CONTRAINDICATIONS:

Don't take sodium bicarbonate capsules if you are allergic to sodium bicarbonate or any of the other ingredients of this medicine.

Take special care with sodium bicarbonate if:

- you have had problems with your liver or kidneys.
- you suffer from high blood pressure or have suffered from heart problems.
- you are on a salt (sodium) restricted diet.
- you are elderly.

DRUG INTERACTIONS:

Tell your doctor or pharmacist if you are taking any of the following medicines:

-Antibiotics or antifungals (e.g. rifampicin, ketoconazole, tetracycline)

-Phenothiazines (to treat anxiety or depression).

-Corticosteroids (to treat swelling and inflammation or for allergic reactions).

-Lithium (for mental illness)

-Aspirin

-Methotrexate (for certain types of tumors, psoriasis or rheumatoid arthritis).

-Quinidine (to treat heart rhythm disorders)

-Ephedrine (to treat breathing problems).

-Phenytoin (for epilepsy)

-Chloroquine (to prevent or treat malaria).

-Penicillamine (for rheumatism).

-Dipyridamole (to prevent blood clots associated with heart problems)

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

Pregnancy and lactation:

If you currently are pregnant or breast-feeding or are planning to become pregnant or to start breast-feeding, speak to your doctor or pharmacist before taking this medicine.

Driving and using machines:

Sodium bicarbonate is not known to affect your ability to drive or operate machinery.

UNDESIRABLE EFFECTS:

Like all medicines, sodium bicarbonate capsules can cause undesirable effects, although not everybody gets them.

If the following happens, stop taking your medicine and tell your doctor immediately or go to the casualty department at your nearest hospital:

-you have an allergic reaction (swelling of the lips, face or neck leading to severe difficulty in breathing, skin rash or hives).

This is very serious but rare side effect. You may need urgent medical attention or hospitalization.

Tell your doctor if you suffer from any of the following for more than a few days:

Stomach pains, Feeling bloated, belching, wind

The following effects may also occur:

-If you use sodium bicarbonate for a long time, your body tissues and fluids may become too alkaline. This is called alkalosis and you may notice muscle weakness and cramps

-sodium bicarbonate capsules contains a lot of sodium, which could make your blood pressure go up or cause fluid accumulation in your body and lungs.

If you already have a low level of potassium in your blood (hypokalemia), sodium bicarbonate capsules may make this worse.

If you experience these effects or if you are worried about them, you should contact your doctor or pharmacist.

DOSAGE AND ADMINISTRATION:

Adult: Indigestion: 1g to 5g (2 to 10 capsules) taken when required.

Metabolic acidosis: as directed by your doctor.

Elderly:

If you are elderly you should consult your doctor before taking this medicine, and must be particularly careful to follow your doctor's instructions.

Children: not recommended.

Don't take more than prescribed dose.

Don't take the capsules for too long without seeing your doctor.

The capsules should be swallowed whole with a drink of water.

If you have been prescribed regular doses of this medicine, and you forget to take your dose at the correct time, take your dose as soon as you remember, unless it is nearly time to take the next one. Don't take a double dose to make up for a forgotten dose.

OVER DOSE:

In case of overdose, consult your doctor immediately.

A severe overdose is likely to cause shortness of breath, muscle weakness, uncontrolled shaking of body and prolonged unconsciousness.

PACKAGING:

2 blisters, each contains 10 capsules/carton box.

STORAGE CONDITION:

Store at room temperature, (15-30) °C.

*** THIS IS A MEDICAMENT ***

- Keep out of reach of children.
- A medicament is a product which affects your health, and its consumption contrary to instructions is dangerous for you.
- Follow strictly doctor's prescriptions, the method of use and instructions of this leaflet without the intervention of any other person.
- The doctor and pharmacist are experts in medicine, its benefits and risks.
- Do not by yourself interrupt the period of treatment prescribed for you.
- Do not repeat the same prescription without consulting your doctor.

(Council of Arab Ministers)

(Union of Arab Pharmacists)



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